

Welcome to Hihett Neighbourhood Community House (HNCH).

We have some fantastic new courses on offer this term including Parent / Child Art Classes, Game Cave, Parents Workout & Craft-a-Noon, alongside our longstanding popular courses - Pilates, Metafit, Computer Clinic, Bridge & more. Detailed information about each course can be found on the inside of this brochure.



How do I enrol ?

By calling our Reception and completing an enrolment form. Enrolments for classes need to be confirmed by payment in full. If you have financial difficulties we can organise a regular payment option. Classes are subject to sufficient numbers.

How do I pay?

Our yearly membership fee is \$5.00. Our class fees are due at the beginning of each term and can be paid at reception during office hours. These can be paid via cash or direct debit.

Public Holidays

Classes will not run on Public Holidays. School holidays have special arrangements. Please ask the office if your class is affected by School Holiday programming.

Refunds

Classes with low enrolments may be cancelled or deferred by HNCH and you will be advised prior to the commencement of the class. Membership fee is not refundable.

Special Needs

Arrangements will be made where possible to integrate students with special needs. Ask at the office when enrolling.

Hall Hire

We have a range of rooms and resources available to the community for hire. Please note that we do not hire rooms for private functions and parties.



**Office hours: Mon 9 – 4pm / Tues 9 –5.30pm
Wed / Thurs 9 – 3pm Fri 9 –6pm**



We are here!

Activity Guide Term 2 2019

April to June
connect, create, play



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Activities		Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Children	Chinese Speaking Playgroup				10.30 -12pm			
	Hungarian Speaking Playgroup				9.30 - 11am			
	AT Dance School	3.45 - 8.45pm			4.15 - 8.15pm	4 - 7.15pm		
	Dad's Play Group			9.30 - 11am				
	Kinderballet						9am - 1pm	10am -12pm
	Kanga Training					10 - 11am		
	Parents Playgroup		9.30 - 11am					
	Antz Pantz	10 - 11.15am						
Teens	Teen Box Fit (ages 12-17)		4:30 -5:30pm					
	BAM All Abilities Hip Hop			6.15pm				
	Game Cave					4.30 - 6.30pm		
Active Adults	Group Workout				9.15-10.15am			
	Group Workout (Boxing)		5.45- 6.45pm					
	Movement To Music		10.30-11.30am					
	Meta Power	6.15 - 6.45am	9.15 - 9.45am			6.15 - 6.45am		
	Pilates	6-7pm						
	BAM All Abilities Hip Hop			6.15pm				
	Metafit	9.15 - 9.45am		6.10 - 6.40pm			8 - 8.30am	
	Strength Training for Runners				5.30 - 6.10pm			
	Tai Chi	10 - 11am						
	Qi Gong					11.15 -12.15pm		
	Sunday BoxFit							9 - 10am
	Lift For Life					2 - 3pm		
	AT Dance Adult Classes	7.15 - 8.15pm			6.15 - 8.15pm			
Creative Adults	Paint Draw Create		1 - 3pm		1 - 3pm			
	Creative Writing					12 - 2pm		
	English as a second language				9 - 11.30am			
	Supervised Bridge		1 - 4pm					
	Raduga Russian Choir			12-2pm				
	Toastmasters - 2nd & 4th Tues		7.30 - 9.30pm					