

## Welcome to Highett Neighbourhood Community House (HNCH).

We have some fantastic new courses on offer this term including Parent / Child Art Classes, Game Cave, Parents Workout & Craft-a-Noon, alongside our longstanding popular courses - Pilates, Metafit, Computer Clinic, Bridge & more. Detailed information about each course can be found on the inside of this brochure.



### How do I enrol ?

By calling our Reception and completing an enrolment form. Enrolments for classes need to be confirmed by payment in full. If you have financial difficulties we can organise a regular payment option. Classes are subject to sufficient numbers.

### How do I pay?

Our yearly membership fee is \$5.00. Our class fees are due at the beginning of each term and can be paid at reception during office hours. These can be paid via cash or direct debit.

### Public Holidays

Classes will not run on Public Holidays. School holidays have special arrangements. Please ask the office if your class is affected by School Holiday programming.

### Refunds

Classes with low enrolments may be cancelled or deferred by HNCH and you will be advised prior to the commencement of the class. Membership fee is not refundable.

### Special Needs

Arrangements will be made where possible to integrate students with special needs. Ask at the office when enrolling.

### Hall Hire

We have a range of rooms and resources available to the community for hire. Please note that we do not hire rooms for private functions and parties.



**Office hours: Mon 9 – 4pm / Tues 9 –5.30pm  
Wed / Thurs 9 – 3pm Fri 9 –6pm**



**We are here!**

# Activity Guide Term 2 2019

**April to June**  
**connect, create, play**



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**office@highett.org.au  
www.highett.org.au**



Activities		Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Children</b>	Chinese Speaking Playgroup				10.30 -12pm			
	Hungarian Speaking Playgroup				9.30 - 11am			
	AT Dance School	3.45 - 8.45pm			4.15 - 8.15pm	4 - 7.15pm		
	Dad's Play Group			9.30 - 11am				
	Kinderballet						9am - 1pm	10am -12pm
	Kanga Training					10 - 11am		
	Parents Playgroup		9.30 - 11am					
	Antz Pantz	10 - 11.15am						
<b>Teens</b>	Teen Box Fit (ages 12-17)		4:30 -5:30pm					
	BAM All Abilities Hip Hop			6.15pm				
	Game Cave					4.30 - 6.30pm		
<b>Active Adults</b>	Group Workout				9.15-10.15am			
	Group Workout (Boxing)		5.45- 6.45pm					
	Movement To Music		10.30-11.30am					
	Meta Power	6.15 - 6.45am	9.15 - 9.45am			6.15 - 6.45am		
	Pilates	6-7pm						
	BAM All Abilities Hip Hop			6.15pm				
	Metafit	9.15 - 9.45am		6.10 - 6.40pm			8 - 8.30am	
	Strength Training for Runners				5.30 - 6.10pm			
	Tai Chi	10 - 11am						
	Qi Gong					11.15 -12.15pm		
	Sunday BoxFit							9 - 10am
	Lift For Life					2 - 3pm		
	AT Dance Adult Classes	7.15 - 8.15pm			6.15 - 8.15pm			
<b>Creative Adults</b>	Paint Draw Create		1 - 3pm		1 - 3pm			
	Creative Writing					12 - 2pm		
	English as a second language				9 - 11.30am			
	Supervised Bridge		1 - 4pm					
	Raduga Russian Choir			12-2pm				
	Toastmasters - 2nd & 4th Tues		7 - 9pm					